QUICK Personal Agility Assessment

See where you are on your Agile / Agility Journey!
Plot your Yes answers onto this page.

Started on doing agile, but will be limited by traditional mindset

Doing agile

On the agile / agility journey - both from a mindset and practice

Q 3

⑤
④
③
②
①

Traditional

Being agile

Q 2 ⑤ ④ ③ ② ① | ① ② ③ ④ ⑤ **Q 1**

①
②
③
④
⑤

The environment you are in is very traditional and fixed, making it challenging to being and doing agile

Your mind & values and principles are agile, but your practices are more predictable and fixed

Q 4

Predictive

Contact Ekipa

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QUESTION #1

Thinking about your day to day

-> How many of the below behaviors do you / your team perform well on a regular basis?

		YES	NO
A	Customer First mindset (incl Internal Customers)		
B	Respond to Change easily		
C	Have a Growth / Possibility mindset		
D	Reflect, Inspect & Adjust		
E	Work Collaboratively		
	TOTAL YES		

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QUESTION #2
Thinking about your day to day
-> How many of the below behaviors do you perform on a regular basis?

		YES	NO
F	You follow the standard operating processes		
G	Aim for perfection and 100% complete projects		
H	Stick to the plan		
I	Provide step by step instruction for all work		
J	Do what the boss says without question		
	TOTAL YES		

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QUESTION #3
-> How many of the practices do you use / follow?

		YES	NO
K	Prioritise work based on the value to the customer		
L	Time-box work		
M	Undertake daily check-ins with team for work transparency		
N	Work in small and mostly dedicated cross functional teams		
O	Run experiments (try things out and get feedback)		
	TOTAL YES		

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QUESTION #4
How many of the practices do you follow?

		YES	NO
P	Workover 4 or more pieces work at the same time		
Q	Most projects are over 12 months long and follow a traditional project management process		
R	Provide / contribute to regular reports on a weekly /monthly basis		
S	Work mostly within your function and /business-unit only		
T	Hand-off work to others with limited visibility and accountability of the outcome		
	TOTAL YES		

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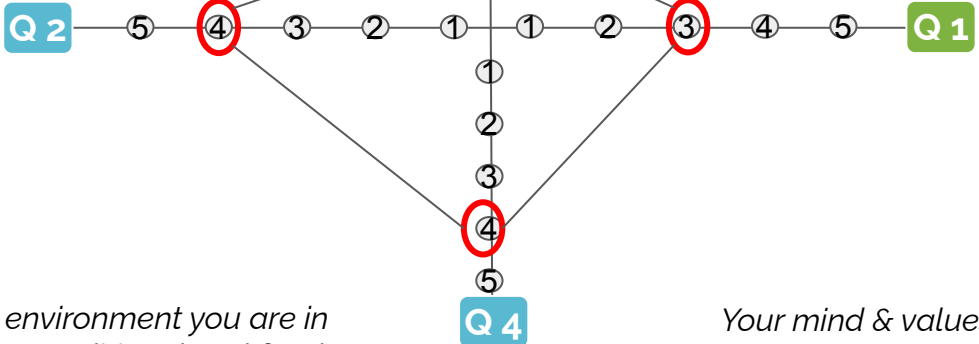# Example of plotting out where are you on your Agile / Agility journey?

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Q 3

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Q 2

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Q 1

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For more information on how your business can start on its Agility journey, contact Ekipa Consultancy

We partner with you to provide Agile training, coaching and consultancy

https://ekipa.my